

THE CAULDRON

OFFICIAL MATCH DAY PROGRAMME
OF ATLÉTICO LONDON



Atlético London vs Wroxham FC
Sunday September 28, 2025
Kick-off 3.00 p.m.

techsoc
.com





ATLÉTICO LONDON

The Techsoc.com Stadium at Oakside,
Barkingside Station, Station Rd, Ilford IG6 1NB
Contact info@atleticolondon.com

First Team Manager: Jason Murray

First Team Coach: Joey Soyebó

First Team Analyst: Atalay Ozsoy

Physiotherapist: Ginol Alexi

First Team Assistant Manager: Kevin Watts

Goalkeeper Coach: Julian Roberts

Physiotherapist: Trisha Omole

Match Officials

Referee: Terrence Connolly

Assistant Referee: Ciprian Juganaru

Assistant Referee: Michael Newman

We'd also like to thank all the volunteers who give up their time behind the scenes to run and support this club. Without the people who commit their time and skills off the pitch, there could be nothing on the pitch.

Megan Bron, Richard Bron, Gareth Edwards, Tracey Holman,
Elousie Morley-Birch, Yant Martin-Keyte, Daniel Lockwood, Kane Peccoo,
Rebecca Middlemist, Jordon Powers, George Kissack, and Molly Goffin.

 [atleticolondon](https://www.instagram.com/atleticolondon)
 [atleticolondon_](https://twitter.com/atleticolondon)
 [atleticolondon](https://www.tiktok.com/@atleticolondon)





JASON MURRAY

FIRST TEAM MANAGER

In today's match the team is set to face Wroxham at home, resuming league action after a strong FA Cup victory last week.

Recent performances have shown promising signs of the team's potential as we aim for competitiveness across all fronts. With the squad growing stronger and improved tactical understanding, training intensity has increased, leading to more cohesion on match days.

The team is determined to climb the league table while also aiming for success in cup competitions, including an exciting upcoming FA Cup match against Cambridge United. For now, the primary focus is on securing three valuable points against Wroxham and continuing to build some momentum.

I'm seeing real resilience, fight and determination in this group of players, which I'm delighted with; the exciting thing is we know we can reach even higher levels in terms of performance.

It's crucial for the team to perform well today against very difficult opponents. If they can replicate the strong performances seen against teams like Watford, St Albans, and Southend, there's a strong confidence that we will secure a victory.

Jason





Wroxham FC



Wroxham Women started life as Acle United Ladies in the NWGFL Second Division and in the 2009-2010 season gained promotion to the First Division after finishing runners-up. Their first year in the top division saw the Ladies lift the League Cup after beating Aylsham 2-1, as well as finish third in the league. The 2011-12 season was the most successful in the Ladies short history after clinching the League and Cup double. Hethersett Ladies Heart were beaten 5-4 in the cup final, whilst the league title success enabled promotion to the Eastern Region Women's Football League Division One North. A new league brought new challenges for Acle with a lot more travelling to matches, however in their first season the Ladies managed to avoid relegation but also reached the final of the Norfolk Women's Cup for the first time, losing to Norwich City Ladies at The FDC.



Wroxham FC



Having gained the experience of their first season behind them, the Ladies got their 2013-14 season off to the worst possible start losing their first three games and a fourth just before the Christmas break, but a turn of results in the New Year saw the Ladies win nine out of nine games to lift the league title by six points and gain promotion to the Premier Division. Life in the Premier Division was a steep learning curve and Acle only secured one victory before the Christmas break, but as in the previous season fortunes were changed in the New Year and the side were only defeated twice in the league to finish ninth and they lifted the Norfolk Women's Cup for the first time, defeating Thorpe United on penalties at the FDC.

The next three seasons saw the team narrowly missing out on promotion to the FAWNL, twice finishing runners up although they did capture the League cup beating AFC Dunstable 6-1 and were beaten finalists in the County Cup losing narrowly 3-2 to Wymondham Town. Ground grading requirements forced the team to move to Wroxham who were looking to add a women's team and their final game as Acle was fittingly played at Wroxham to introduce the side to their new environment. However, the first two seasons were curtailed by Covid and the side played only 40% of their games during that period. Last season the team finished a respectable 4th in the league.

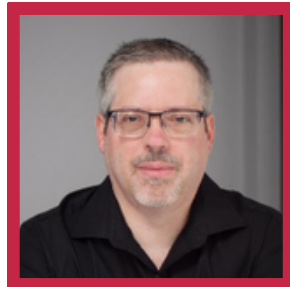
With the previous manager Bex moving on to newer pastures, Joe Simpson, the new gaffer has rebuilt the side with half the side playing open age football for the first time, after the old squad saw a number of players retire or move on to other clubs and this season is being used to develop the younger players. A new season and a new manager in Adam Race and his coaching staff in charge for the 2023-24 season with majority of the players retained and some new faces. It was a good debut season for the new manager with a 5th place finish in the league and beaten finalists in the Norfolk Women's Cup and ERWFL League Cup.

Joe Simpson took over towards the end of last season after the previous management stood down and has carried on for the 2025-26 season.



CLUB SPONSOR-TECHSOC

The club is forever grateful for the support of Technology and Society, the home of author and speaker Curtis Frye. Curtis and his company began their sponsorship of the club at the start of the 2022/23 season. His continued and growing support is one of the reasons why the club is still here today. Scan the QR code to find out what techsoc has to offer



Curtis Frye

techsoc.com



I concluded my previous sponsor's note by stating that "Ginny and I value our time in England, especially when it means we can see one or more matches. Given the group's progress and players returning from holidays and long-term injuries, I believe our fortunes will change for the better in very short order."

I was right. A 4-1 win in the league over Watford Ladies Development and a thumping 12-1 win at Southend United in our FA Cup opener bode well for the future. We were unlucky to have been drawn against Tier 4 stalwart Cambridge United in the next FA Cup round, but we have them at home, and I'd take an in-form Atlético London against any opponent in the Cup.

Two weeks ago, I had the honor of addressing the alumni association for the Gies School of Business at the University of Illinois. I graduated from their online MBA program in 2018 and return to campus frequently for alumni gatherings. The theme of my talk, Creating Shared Value, reflected the work Technology and Society has done with London Seaward and Atlético London. By providing financial resources to the club, Ginny and I have enabled the club to offer a safe, stable, and supportive environment for our players and coaches.

Larry Gies, whose \$150 million gift to the University of Illinois business school secured naming rights, also made a gift of \$100 million to the University's athletic programs. In exchange, the former Memorial Stadium for gridiron football is now known as Gies Memorial Stadium. I rather cheekily congratulated Larry for being the second person associated with the school to have secured naming rights to a stadium, but I truly value and respect his support for Illinois athletics.

Best of luck against Wroxham!

Curt



The Teams



ATLÉTICO LONDON

Alex Baker
Molly Baxter
Sabrina Brightly
Mae Lawfull
Juliet Thomas
Amber Provan
Naomi Sheffield
Poppy Hartwell
Lily Aungier
Shona Chitate-Samuriwo
Noelani Agyeman
Ammarah Ali
Jordan Feldman
Brooke Haylock
Claudia Zahui
Tolulope Adubiaro
Liliana Almeida
Nia Bowman
Rea Laudat Thomas-Arayo
Jada McGibbon
Skye McNally
Keira Stewart
Charlotte Walsh
Shannon Wason
Claudia Zahui



WROXHAM FC

Lily Alexander
Jordan Arnoup
Lucy Bradford
Lauren Bullard
Alice Collins
Jennifer Drummie
Holly Farrow
Hannah Fuller
Ella Gambell
Katie Green
Maddie Green
Hayley Kindred
Katie Knights
Poppy Loveland
Jorja Palmer
Tigi Robson
Becca Russell
Kathryn Stanley
Yasmine Walford
Milly Weddle
Bryony Williams

