## THE CAULDRON

**OFFICIAL MATCH DAY PROGRAMME** OF ATLÉTICO LONDON





Atlético London vs Bowers & Pitsea Ladies FC









The Techsoc.com Stadium at Oakside, Barkingside Station, Station Rd, Ilford IG6 1NB Contact info@atleticolondon.com

First Team Manager: Jason Murray First Team Coach: Joey Soyebo First Team Coach: Craig Sherrin First Team Coach: Madison Bostock First Team Assistant Manager: Kevin Watts Goalkeeper Coach: Julian Roberts **Physiotherapist:** Ginol Alexi Physiotherapist: Trisha Omole

#### **Match Officials**

Referee: Sam Wigington **Assistant Referee:** Ashley Lockhart **Assistant Referee:** Sam Bridges

We'd also like to thank all the volunteers who give up their time behind the scenes to run and support this club. Without the people who commit their time and skills off the pitch, there could be nothing on the pitch.

Megan Bron, Richard Bron, Gareth Edwards, Tracey Holman, Elousie Morley-Birch, Yant Martin-Keyte, Daniel Lockwood, Kane Peccoo, Paul Hynes, Rebecca Middlemist, Jordon Powers, George Kissack, and Molly Goffin.







# JASON MURRAY FIRST TEAM MANAGER

We are eagerly anticipating the arrival of Bowers and Pitsea at the Cauldron today for our next league match.



This return fixture has been on our minds since we felt we didn't do ourselves justice in our first encounter earlier this season, where we unfortunately lost 4-1. That defeat was deserved, but we are full of optimism for the remainder of the season, especially after an impressive run of form that has seen us lead the form chart this month. Our last loss was way back in September against St. Albans away, where we narrowly fell 2-1.

Currently, our players are in great scoring form, and we hope to produce something special on the pitch. Our backline has been working incredibly hard, and our midfield is showing great cohesion. The intensity in training has been excellent, and we've been developing and growing stronger week by week. The football we played last week was fantastic; despite trailing by a goal, we dominated possession for large stretches of the game. I was particularly proud of our resilience; we didn't panic but continued to play our style, which ultimately led us to victory with two late goals that turned around a 1-0 deficit.

The week before was equally as exciting, a challenging match against Harpenden, where we found ourselves down 3-1 just before halftime.





It was a spectacular overhead kick from Brooke that revived our spirits, and the halftime team talk was probably the first time I felt I had to throw around the tea cups. We had been collectively off our level, and I wasn't happy at all.

The girls responded brilliantly, and we ended up winning that game 5-3, with both Brooke and Amara Ali seemingly battling out their own goal of the month competition.

As we look ahead, we are excited for the next match and ready for the games to come thick and fast. Our performance levels have risen, the intensity has increased, and the belief within the squad is evident. Our opponents have had a string of positive results recently and are scoring a lot of goals, so we know this will be a real challenge. However, they will be facing a completely different team from the one they encountered at the start of the season.

We're determined to make a statement in the division as we continue to climb the league, with our sights set on those top spots.

We're also performing well in the league cup with a home game against Hashtag reserves to come.

As ever we Thank you for your support today; and we anticipate plenty of excitement on the field and hopefully another 3 points and extension of our winning streak.



Jason

#### **CLUB SPONSOR-TECHSOC**

The club is forever grateful for the support of Technology and Society, the home of author and speaker Curtis Frye. Curtis and his company began their sponsorship of the club at the start of the 2022/23 season. His continued and growing support is one of the reasons why the club is still here today. Scan the QR code to find out what techsoc has to offer



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You can feel the momentum turning, can't you? Actually, I should have written that line a few weeks ago...Atlético London are clearly on the right track with ten points from the last four league matches and solid cup performances. We had bad luck being drawn against Cambridge United, one of the better Tier 4 clubs, in the FA Cup but the players acquitted themselves well.

I will admit that our win against Dussindale & Hellesdon Rovers benefitted from a questionable decision. The tying goal came from the run of the play and was fully deserved, but from watching the match video it seems that both the linesman and referee missed that we put the ball out and gave us a throw that led to the winning stoppage-time goal. We had more good fortune when the keeper misplayed the shot, but it shows the wisdom of always putting the ball on net, especially if you can manage a hard shot in the rain.

Luck tends to (tends to) even out over the course of a season so one could argue that this call just about makes up for the even more blatant missed offsides in our home match with Stevenage that led to their winning goal. Just about.

Bowers & Pitsea is our first repeat opponent this season so it will be interesting to see how we compare to our performance from August. We're in good form, so I'm optimistic we'll avenge the 4-1 away defeat.

Kudos to Jason, the rest of the staff, and the players for pulling together after an admittedly rough start to put us in good position going into November. If I were managing another ERWFL side, I certainly wouldn't want to face us now.



Curt



### **The Teams**





#### Bowers & Pitsea Ladies FC

Alexandra Baker

Molly Baxter

Ornela Brahaj

Sabrina Brightly

Julia Casinha

Juliet Thomas

Amber Provan

Naomi Sheffield

Poppy Hartwell

Lily Aungier

Shona Chitate-Samuriwo

Noelani Agyeman

Ammarah Ali

Jordan Feldman

Brooke Haylock

Claudia Zahui

Tolulope Adubiaro

Liliana Almeida

Nia Bowman

Rea Laudat

Jada McGibbon

Skye McNally

Keira Stewart

Shannon Wason

Jo Butler-Williams

Renaé McNeil-Duncan

Ruby Avery Olivia Bilson

Jiivia Biison

Bethany Chambers

Emma Ciantar Piccinino

Evie Clarke

Ruby Fisher

Paige Fordham

Kim Green

Olivia Harris

Ayla Izzet

Amelie Johnson

Ruby Kilden

Whitney Locke

Ashtyn Newley

Amy Powell

Marnie Ray

Imogen Riches

Rae Roberts

Danielle Sillitoe

Hope Smith

Danielle Styles

Sarah Wilson



