

THE CAULDRON

OFFICIAL MATCH DAY PROGRAMME
OF ATLÉTICO LONDON



techsoc
.com



Atlético London vs Enfield Town FC
Sunday 7 December, 2025
Kick-off 3:00 p.m.





ATLÉTICO LONDON

The Techsoc.com Stadium at Oakside,
Barkingside Station, Station Rd, Ilford IG6 1NB
Contact info@atleticolondon.com

First Team Manager: Jason Murray
First Team Coach: Joey Soyebo
First Team Coach: Craig Sherrin
First Team Coach: Madison Bostock

First Team Assistant Manager: Kevin Watts
Goalkeeper Coach: Julian Roberts
Physiotherapist: Ginol Alexi
Physiotherapist: Trisha Omole

Match Officials

Referee: Sam Wigington
Assistant Referee: Ashley Lockhart
Assistant Referee: Steven Seago

atleticolondon
atleticolondon_
atleticolondon

We'd also like to thank all the volunteers who give up their time behind the scenes to run and support this club. Without the people who commit their time and skills off the pitch, there could be nothing on the pitch.

Megan Bron, Richard Bron, Gareth Edwards, Tracey Holman, Elousie Morley-Birch, Yant Martin-Keyte, Daniel Lockwood, Kane Peccoo, Paul Hynes, Rebecca Middlemist, Jordon Powers, George Kissack, and Molly Goffin.





JASON MURRAY FIRST TEAM MANAGER



This Sunday, we welcome Enfield at our home ground for our final home match of the year.

After a remarkable unbeaten streak that saw us lose just twice in 12 games, we now face the challenge of bouncing back from two consecutive defeats. I was proud to receive the Manager of the Month award for October, but we must address our recent defensive lapses, which have cost us dearly. Last week, we suffered a disappointing exit from the league cup, losing 5-2 in a game where we controlled much of the possession.

The week before, we lost 2-1 to Haringey Borough in a closely contested league match, despite again having the majority of the ball. Injuries have prevented us from fielding the same starting eleven regularly, but this presents an opportunity for others to step up. The mood in the camp is positive, and training sessions have remained intense. The players understand that we're entering a critical phase of the season. As the weather changes, every point becomes hard-fought. We need to be aware that our opponents may adjust their tactics to counter us.

If we aspire to reach the heights we believe we can, we must start accumulating points again. Last week, despite conceding five goals, we created six or seven clear-cut chances that we failed to convert. We took a calculated risk by resting a few players with minor injuries, prioritizing the league over the cup. In hindsight, those decisions may not have worked in our favour on the day however we need to consider the bigger picture.

We're confident heading into this match and look forward to showcasing our skills at home. We aim to be aggressive and take the initiative, striving for a win in what promises to be an entertaining clash.

Jason



CLUB SPONSOR-TECHSOC

The club is forever grateful for the support of Technology and Society, the home of author and speaker Curtis Frye. Curtis and his company began their sponsorship of the club at the start of the 2022/23 season. His continued and growing support is one of the reasons why the club is still here today. Scan the QR code to find out what techsoc has to offer



Curtis Frye

As a writer and online training course developer I spend a lot of time deciding which concepts and techniques I want to teach and, as important, figuring out the best way to teach them.

techsoc.com

Determining an aim or goal is often fairly straightforward, as is assembling the resources to start work. The tricky bit is figuring out how to employ those resources effectively. One person who can make things happen is worth 100 people with great ideas. Anyone who has any familiarity with an industry or sport can come up with any number of amazing ideas on what could be done, but the people who can dig in and make progress are the ones you should treasure.



A football side has eleven of those valuable individuals on the pitch at a time, with several more staying warm to prepare for their chance to contribute. Maintaining structure, attempting to execute your plan, and preventing the opponent from executing theirs requires constant decision-making and situation awareness. Experience helps players make those decisions, but real fluidity comes from mindful practice and communication.

To that end, I just saw a call on LinkedIn for an analyst to generate insights from the data gathered through the Hudl camera. Advancing the club's capabilities off the pitch will support the players on it. This week's return to league action against Enfield gives us a chance to start our winning streak anew. Even though our winning streak came to an end recently, the side remains in good form and, as noted, the backroom staff are working hard as well.

Curt



techsoc
.com

The Teams



ATLÉTICO LONDON



Alexandra Baker
Molly Baxter
Ornela Brahaj
Sabrina Brightly
Julia Casinha
Juliet Thomas
Amber Provan
Naomi Sheffield
Poppy Hartwell
Lily Aungier
Shona Chitate-Samuriwo
Ammarah Ali
Jordan Feldman
Brooke Haylock
Tolulope Adubiaro
Liliana Almeida
Rea Laudat
Jada McGibbon
Skye McNally
Keira Stewart
Shannon Wason
Jo Butler-Williams
Renaé McNeil-Duncan
Giulia Livi
Nicole Farmer
Nina Muller

Macey Barclay
Beatrice Bishop
Freya Brown
Lauren Cann
Natasha Cohen
Chloe Collins
Paige Cooper
Khyrah Fagbemi
Katie Farrell
Claire Ford
Antonietta Green
Ebony Heath
Claire Huggins
Eve Jackson
Sion Kamiende
Petra Lopez-Nogueira
Samantha Malyon
Chante Mason
Jessica Milne
Monique Mitchell - Marshall
Madison Murchison
Katy O'Donnell
Kassandra Rukat
Chiara Samuels
Crystal Shelley
Danielle Smith
Davina Spinoza
Sariah St Rose
Diana Tobe
Sasha Tucker
Shakira Waithe
Rebecca Wheatley
Mia Zorbas

