

THE CAULDRON

OFFICIAL MATCH DAY PROGRAMME
OF ATLÉTICO LONDON



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Atlético London vs Dussindale & Helleston Rovers FC
Sunday 4 January, 2026
Kick-off 3:00 p.m.





ATLÉTICO LONDON

The Techsoc.com Stadium at Oakside,
Barkingside Station, Station Rd, Ilford IG6 1NB
Contact info@atleticolondon.com

First Team Manager: Jason Murray
First Team Coach: Joey Soyebo
First Team Coach: Craig Sherrin
First Team Coach: Madison Bostock

First Team Assistant Manager: Kevin Watts
Goalkeeper Coach: Julian Roberts
Physiotherapist: Ginol Alexi
Physiotherapist: Trisha Omole

Match Officials

Referee: Luke Thorogood
Assistant Referee: Steven Seago
Assistant Referee: Ashley Lockhart

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We'd also like to thank all the volunteers who give up their time behind the scenes to run and support this club. Without the people who commit their time and skills off the pitch, there could be nothing on the pitch.

Megan Bron, Richard Bron, Gareth Edwards, Tracey Holman, Elousie Morley-Birch, Yant Martin-Keyte, Daniel Lockwood, Kane Peccoo, Paul Hynes, Rebecca Middlemist, Jordon Powers, George Kissack, and Molly Goffin.





JASON MURRAY FIRST TEAM MANAGER



As we kick off the New Year, we're excited to welcome Dussindale to our home ground for the first match back.

We hope all the supporters, along with the players and staff of Dussindale, had a lovely Christmas—though we're counting on them not to enjoy their trip back too much, as we aim to claim all three points today!

Dussindale will undoubtedly be looking for a bit of revenge after our thrilling encounter back at their place. I'm incredibly proud of our girls; we executed a patient buildup approach, dominating possession. Despite Dussindale's solid defence, we found a way through at the last moment with two late goals.

Our form has dipped a little lately, we've struggled a bit in front of goal. Our last match before Christmas was a prime example of that—I've never seen a game where we were so dominant yet ended up with nothing.

The only way to set things right is to get back on the pitch and secure a win. It's high time we started racking up points that reflect our performances, but we need to be more clinical.

We must capitalize on those moments when we're in control. We've had plenty of games where we've dominated, and it's crucial to finish those chances early, ideally by half-time. I feel that a game is coming soon where all those goals will start flowing in, just like during that incredible stretch of the season. And when that happens, someone is going to face a real beating from us!

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Defensively, we've been improving, but it's those crucial moments that have been holding us back—like that fortunate deflected goal or a mishit shot that cost us against Watford. Everyone—players, staff, and fans—knows how important this game is, and we're all thrilled to be back at home, aiming for three points. The sessions after Christmas have been good and the players are focused and determined to get us back on track.

It's all about points now, not just performances. We need to convert our chances into victories and climb the league standings. The team's development has been fantastic from day one, especially considering this is a brand-new side. We've received compliments after every game, with many saying we play the best style of football they've faced. While it's great to hear, we're all frustrated that it hasn't produced more points.

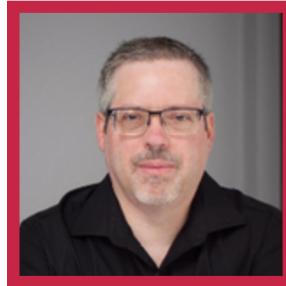
Let's hope for a decent crowd on Sunday to cheer the girls on as we continue this exciting journey together!

Jason



CLUB SPONSOR-TECHSOC

The club is forever grateful for the support of Technology and Society, the home of author and speaker Curtis Frye. Curtis and his company began their sponsorship of the club at the start of the 2022/23 season. His continued and growing support is one of the reasons why the club is still here today. Scan the QR code to find out what techsoc has to offer



I hope everyone reading this note had a wonderful holiday season and happy new year. Ginny and I stayed home on New Year's Eve but had dinner with several friends in the days leading up to it.

The new year brings new hope and redoubled effort, starting with this week's match against Dussindale and Hellesdon Rovers. We left it late, very late, in the away fixture but came away 2-1 winners.

A glance at the league table reminds me how competitive women's football is in England, but especially the Eastern Region Women's Football league. We've done well after a bit of a rough start where everyone was learning to work together and there's no reason why we shouldn't see continued progress as the season carries on and fight our way clear of the logjam in the middle of the standings.

I'm happy to say that Ginny and I have been able to squeeze in one more trip to see matches this season. If all goes well, we'll be at The techsoc.com Stadium for the cup tie with the Charlton Athletic U21 squad on 18 January and the away match at Harpenden the following week. We look forward to our trips to London and can't wait to see the team in action.

Best of luck, Atlético!

Curt

Curtis Frye

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Alexandra Baker
Molly Baxter
Ornela Brahaj
Sabrina Brightly
Julia Casinha
Juliet Thomas
Amber Provan
Naomi Sheffield
Poppy Hartwell
Lily Aungier
Shona Chitate-Samuriwo
Ammarah Ali
Jordan Feldman
Brooke Haylock
Tolulope Adubiaro
Liliana Almeida
Rea Laudat
Jada McGibbon
Skye McNally
Keira Stewart
Shannon Wason
Jo Butler-Williams
Renaé McNeil-Duncan
Giulia Livi
Nicole Farmer
Nina Muller



Dussindale & Hellesdon Rovers FC Women

Millie Baggott
Jessica Barnes
Lauren Baxter
Rachel Brown
Tyla Cole
alexia Cooke
Rachel Cossey
Rosie George
Abbie Gilchrist
Amber Goddard
Maddison Goodenough
Leilah Gooding
Addison Gregory
Alisha Juby
Karolina Kowalczyk
Ella Kreuz
Kyla Langan
Anna Larkins
Victoria Leyer
Amber-Rose Locker
Yve Mitchell
Sofia Odell
Poppy Osborn
Phoebe Pierpoint
Ellen Piggott
Chloe Shipman
Shanice Sutton
Isla Thorne
Calista Tink
Holly Walker

